

## FRONT SIDE/SOUTH FACE 1100 Skiable Acres



### Lift System • Front Side/South Face

LIFTS	LENGTH	VERT.	AVERAGE TIME
A Summit Platter	3,670 ft/1,119m	1,345 ft/410 m	8 min.
B Glacier Express Quad	5,975 ft/1,822m	1,450 ft/442 m	7 min.
C Grizzly Express Gondola	9,571 ft/2,918m	2,414 ft/736 m	12 min.
D Sunny T-Bar	1,185 ft/ 361m	145 ft/ 44 m	3 min.
E Paradise Triple Chair	3,608 ft/1,100m	1,292 ft/394 m	9 min.
F Ptarmigan Quad Chair	3,350 ft/1,021m	1,350 ft/412 m	9 min.
G Larch Express Quad	4,800 ft/1,463m	1,230 ft/375 m	6 min.
H Top of the World 6-Pack Express	4,407 ft/1,344m	1,350 ft/411 m	5 min.
I Minute Maid Wilderness Adventure Park/Magic Carpet	260 ft/ 79m	60 ft/ 18 m	2 min.

#### Trail Markings

● Easiest	◆ Most Difficult
● More Difficult	◆ Extreme
--- Patrol Boundary	◆ Ski Patrol
■ Race Centre	■ Learning Area
■ Minute Maid Wilderness Adventure Park	■ Slow Skiing / Snowboarding Zone
■ RCR Rail Park	

Lower Front Side	Upper Front Side
◆ Men's Downhill	◆ Wrong Turn
◆ Upper Juniper	◆ Playground
◆ Juniper	◆ Whitehorn Cat Track
◆ Juniper Jungle	◆ Skyline
◆ RCR Rail Park	◆ Kamahan's Folly
◆ Bald Eagle	◆ Grizzly Bowl
◆ Ladies' Downhill	◆ Cameron's Way
◆ Cameron's Way	◆ Home Run
◆ Wivaxy	◆ Mirkwod
◆ Pinecone Way	◆ Grizzly Gully
◆ Meadowlark	◆ Flight Chutes
◆ Meadowlark Crossover	◆ Upshoots
◆ Lowest	◆ Overshoot
◆ Meadowlark	◆ Shoot Out
◆ Easy Street	◆ Steep and Flat
◆ Sunny Side	



## POWDER BOWLS "The Ultimate Steps" 2500 Skiable Acres



### Lift System • Backside/Powder Bowls

LIFTS	LENGTH	VERT.	AVERAGE TIME
A Summit Platter	3,670 ft/1,119m	1,345 ft/410 m	8 min.
C Grizzly Express Gondola	9,571 ft/2,918m	2,414 ft/736 m	12 min.
E Paradise Triple Chair	3,608 ft/1,100m	1,292 ft/394 m	9 min.
F Ptarmigan Quad Chair	3,350 ft/1,021m	1,350 ft/412 m	9 min.
G Larch Express Quad	4,800 ft/1,463m	1,230 ft/375 m	6 min.
H Top of the World 6-Pack Express	4,407 ft/1,344m	1,350 ft/411 m	5 min.

Quadra Ridge	Whitehorn Bowl
◆ Corridor	◆ Chunky's
◆ East Bowl	◆ Second Gate
◆ Crow Bowl	◆ Whitehorn One
◆ East Bowl Trees	◆ Ridge Run
◆ Skoki Bowl	◆ North Face
◆ The Borderline	◆ Rodney's Ridge

#### Ptarmigan Area

◆ Ptarmigan Chute 1	◆ Exhibition	◆ Big Trees	◆ Old Ptarmigan
◆ Ptarmigan Chute 2	◆ Sled Run	◆ Raven	◆ Ptarmigan
◆ Ptarmigan Chute 3	◆ Exhibition Trees	◆ Mind Bender	◆ Pika Trees
◆ Pika	◆ Turn and Burn	◆ Equalizer	◆ Alley
			◆ Pikaabo

## LARCH AREA 600 Skiable Acres



### Larch Area Trails

142 Rock Garden	143 Wolverine
144 Larch Link	145 Larch Poma
146 Lynx	147 Lipalian Chutes
148 Look Out	149 Tower 12
150 Look Out Chutes	151 Bobcat
152 Ford Hill	153 Ski Out
154 Elevator Shaft	

### Lift System • Larch Area

LIFTS	LENGTH	VERT.	AVERAGE TIME
F Ptarmigan Quad Chair	3,350 ft/1,021m	1,350 ft/412 m	9 min.
G Larch Express Quad	4,800 ft/1,463m	1,230 ft/375 m	6 min.

### TIPS ON SKIING AND RIDING LAKE LOUISE MOUNTAIN RESORT

**KIDS:** The Minute Maid Wilderness Adventure Park is a fully enclosed learning area for youngsters new to skiing and riding. The area is serviced by a surface carpet lift and conveniently located near the Daycare Centre.

**NOVICES:** The Sunny T-bar area, located to the east of the Minute Maid Wilderness Adventure Park is a safe, comfortable area to develop the skills needed to tackle the slopes further up the mountain. This area is serviced by a T-bar surface lift. Novices ready for the next step should try a couple of runs on Wivaxy (#9) from the top of the Glacier Express lift before moving on to the Grizzly Express Gondola.

**BEGINNERS AND LOW INTERMEDIATES:** "Easiest Way" signs can be found leading from the top of all lifts. Your best bets on the Front Side are Wivaxy (#9) from the top of the Glacier Express, and Deer Run (#56) and Eagle Meadows (#55) from the top of the Grizzly Express Gondola. Your best bets on the Back Side are Pika (#65) from the top of the Grizzly Express Gondola, Saddleback (#109) from the top of the Top Of The World 6-Pack Express, and Marmot (#143) and Look Out (#150) in the Larch Express area. To find the Larch Express area, travel Pika (#65) from the top of the Grizzly Express Gondola, past the base of Paradise Chair and Temple Lodge to the base of the Larch Express.

**NOTE:** Runs serviced by the Top Of The World 6-Pack Express should be avoided during periods of poor visibility.

**INTERMEDIATE AND ADVANCED:** The combination of Grizzly Gully (#39) and Cameron's Way (#8) is excellent. Larch (#148), accessed by the Larch Express chair is great. For high-end intermediates, confident enough to ride the Summit Platter, Boomerang (#132) is a tremendous alpine experience. Lake Louise also has some of the biggest, most impressive alpine terrain in the world. An endless amount of time can be spent exploring the Powder Bowls area serviced by Paradise Chair, Top Of The World 6-Pack Express and the Summit Platter. On days of poor visibility, try the World Cup Downhill Course, the Ptarmigan Chutes and Glades area or Lynx (#147) in the Larch Express area.